

Congierge Telehealth Services

Concierge Telehealth Services for Movement Disorders

NeuroMotion Telehealth specializes in Movement Disorders (e.g., Parkinson's, Essential Tremor, Dystonia, PSP, MSA) and offers a subscription-based model with a comprehensive package that balances expert care, accessibility, and proactive management.

COST: \$300/month

Automatically billed to your credit card

Direct Access to Providers

- Same-day or next-day unlimited telehealth appointments
- Direct messaging access (secure chat/text/email)
- 24/7 urgent support for symptom exacerbations or medication side effects

Extended, Personalized Appointments

- 45–60 minute initial consultations
- 30–45 minute follow-ups with time for detailed education and discussion
- Holistic care planning sessions with patient and caregivers

Comprehensive Care Coordination

- Collaboration with PT/OT/ST therapists, mental health providers
- Coordination of medication delivery, lab work, and imaging orders
- Referral management and follow-up tracking
- Documentation sharing with PCPs or movement disorder specialists as needed

Medication Management

- Expert titration and monitoring of Parkinson's, dystonia, and tremor medications
- Specialty pharmacy coordination (e.g., for DBS programming, Apokyn, etc.)
- Side effect monitoring and proactive mitigation

Lifestyle & Wellness Coaching

- Personalized exercise encouragement (e.g., for balance, strength, mobility)
- Nutrition guidance tailored for movement disorders
- Cognitive wellness strategies and brain health optimization
- Sleep hygiene and fatigue management support

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Education & Support

- Ongoing patient and caregiver education (video visits, printables, digital access)
- Annual webinar on advances in movement disorder care
- Access to curated library of resources, therapy videos, and tools

Remote Monitoring & Tracking with Guardian and Strive-PD

- Symptom tracking tools (wearable for tremor, dyskinesia, gait, sleep, OFF and ON time)
- Medication adherence tracking
- Integration with Apple iPhone and Apple watch

Personal Health Advocate

- One-on-one care navigator with the Guardian program to assist with remote monitoring
- Recommendation on accessing grants, scholarships, or foundation support (if available)

Ancillary Services

- Mental health counseling referral network (anxiety, depression, apathy)
- Speech and swallowing consults (via telehealth)
- Fall risk assessments and home safety recommendations

Family & Caregiver Inclusion

- Caregiver Support: Burnout prevention, practical caregiving tips, emotional support

Community & Wellness Engagement

- Invitations to virtual support groups
- Referrals to group exercise or movement classes (e.g., yoga, boxing, tai chi for PD)
- Invitations to local events, walks, or NeuroMotion-sponsored seminars

Access to Research Opportunities or Clinical Trials Through Strive-PD

