

# Monthly Subscription

NeuroMotion Telehealth specializes in Movement Disorders (e.g., Parkinson's, Essential Tremor, Dystonia, PSP, MSA) and offers a subscription-based model with a comprehensive package that balances expert care, accessibility, and proactive management.

**COST: \$150/month**

Automatically billed to your credit card

## Core Clinical Services

### 1. One Initial Visit and up to four additional Virtual Visits/year

- Scheduled follow-ups, medication adjustments, and urgent needs
- Same-week or next-day availability

### 2. Medication Management & Refill Coordination

- Routine medication monitoring
- Direct pharmacy communication and refills

### 3. Remote Monitoring & Symptom Tracking with Strive-PD and personalized Guardian monitoring (included in monthly subscription)

- Optional use of wearable devices or digital diaries included in your monthly plan
- Review of motor/non-motor symptoms through virtual assessment and Strive-PD

## Patient Communication & Support

### 4. Direct Secure Messaging with Providers

- Asynchronous questions, non-urgent symptom updates

### 5. Care Coordination with Local Providers

- Collaboration with primary care, neurologists, PT, OT, SLP, mental health

### 6. 48 Hour Response Guarantee for Member Inquiries

- Prioritized support for subscription-based patients

## Education & Lifestyle Management

### 7. Live Education Webinars or Q&A Sessions offered twice a year

- Topics: nutrition, exercise, DBS, medication updates, caregiver support

### 8. Access to an On-Demand Video Library

- Disease education, exercise demos, medication side effect management

### 9. Home exercise regimens, dietary recommendations, fall prevention plans

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## Family & Caregiver Inclusion

**10. Caregiver Support:** Burnout prevention, practical caregiving tips, emotional support

## Added Value Services

**12. Home Safety & Mobility Consultation (via video)**

- Fall prevention, assistive device review, safety strategies

**13. Access to Research Opportunities or Clinical Trials Through Strive-PD**